

Prepare for Your Abdominal liposuction Trip to Turkey



Documents and Visa Requirements

- Valid passport or travel ID that is recognized by Turkish authorities.
- Visa, if required. Check the Republic of Turkey Electronic Visa Application System at <https://www.evisa.gov.tr/en/> or the nearest Turkish consulate for your specific country's requirements.
- Medical documents such as health history, any previous surgery records, and details of current medications.
- Clinics in Turkey can provide diagnostics and tests if the patient lacks certain medical documents; however, bringing existing documents is advised.



Accommodation Options

Many clinics have partnerships with local hotels, offering discounted rates. Some may offer free accommodation for a specific duration related to your procedure package. Hospital stays are typically included in the procedure cost. For self-booking, the average hotel stay per night ranges from \$50 to \$150, depending on the hotel's quality and location.



Transfer Services

- Free airport transfers are often included in medical packages. Check with your clinic for confirmation.
- Popular taxi services include BiTaksi and iTaksi, with approximate costs of \$0.50-\$1.00 per km.



Interpreter Services

Interpreter services are generally available and may be included in the medical package. If not, they can be arranged for a fee, which varies based on the language and duration required.



Payment Methods

- Cash and card payments are widely accepted. Ensure your card is enabled for international transactions.
- The local currency is Turkish Lira (TRY). It's advisable to have some local cash for small expenses, although USD and EUR are also accepted in many places.



Pre-Op Abdominal liposuction Tips

- Stop smoking and avoid alcohol consumption at least two weeks before the surgery to enhance healing.
- Maintain a healthy diet and stay hydrated leading up to the procedure.
- Discuss your current medications with your surgeon as some may need to be paused.
- Arrange for someone to assist you post-surgery if possible, as your mobility may be limited.
- Prepare loose-fitting clothing for your comfort post-surgery.
- Follow all pre-operative instructions given by your surgeon for the best outcomes.
- Get plenty of rest before your trip to ensure you're in good health for the surgery.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

 **Get in touch**

Bookimed's Accreditation and Expertise Certificates



900 000+ clients worldwide

found **best treatment** with Bookimed



Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.