

Prepare for Your Tummy Tuck Trip to Turkey



Documents and Visa Requirements

- Passport with at least six months of validity from the date of entry into Turkey.
- Return ticket, hotel reservation, and at least \$50 per each day of stay.
- Medical visa or tourist visa, if required. Check current requirements at [e-Visa](#) based on your nationality.
- Medical reports and any previous surgical records relevant to the tummy tuck procedure.
- Clinics in Turkey may provide diagnostics and tests if certain medical documents are absent.



Accommodation Options

Clinics typically partner with hotels to offer packages that include accommodation, often at discounted rates. Some may offer free accommodation as part of the treatment package. Hospital stays are usually included in the procedure cost. Average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Many clinics offer free airport-clinic-hotel transfers.
- Popular taxi services like BiTaksi and iTaksi are available in major cities, with approximate fares starting from \$0.5 per km.



Interpreter Services

Interpreter services are often provided by the clinic, sometimes at no additional cost. Otherwise, costs may vary depending on the language and duration required.



Payment Methods

- Cash and credit/debit cards are widely accepted.
- Local currency (Turkish Lira - TRY) is necessary for smaller expenses, though USD or EUR may be accepted in some places.
- ATMs are available for currency exchange.



Pre-Op Tummy Tuck Tips

- Follow a balanced diet and maintain hydration leading up to the surgery.
- Avoid smoking and alcohol consumption at least 2 weeks prior to the procedure.
- Discuss all medications you are taking with your surgeon as some may need to be stopped.
- Plan for at least two weeks of recovery time post-surgery.
- Bring loose-fitting clothing for post-operative comfort.
- Ensure you have someone to assist you after the surgery, as mobility may be limited.
- Prepare your home for post-op recovery by arranging necessities within easy reach.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.