

# Prepare for Your All-on-6 Dental Implants Trip to Mexico



## Documents and Visa Requirements

- A valid passport for the duration of your stay.
- Depending on your country of origin, a visa may be required. Visit the official website of the Mexican government or the nearest Mexican consulate to check visa requirements.
- Medical records, including dental records and X-rays if available.
- Clinics in Mexico will provide diagnostics and tests such as a 3D CT scan if you do not have the necessary medical documents.



## Accommodation Options

While accommodation is not included in the medical package, clinics may have partnerships with nearby hotels that offer discounted rates. Patients are also free to book their preferred accommodations. The average hotel stay per night in Mexico ranges from \$50 to \$150.



## Transfer Services

- Some clinics may offer free airport transfers, while others may charge a fee.
- Popular taxi services include Uber and local taxi companies, with prices varying based on distance and city.



## Interpreter Services

Interpreter services may be available upon request. While some clinics offer this service for free, others may charge an additional fee.



## Payment Methods

- Payment can typically be made using cash or credit card.
- The local currency is the Mexican Peso (MXN), and it is advisable to have some local currency for small expenses, although many places accept US dollars or euros.



## Pre-Op All-on-6 Dental Implants Tips

- Refrain from smoking and drinking alcohol at least a week before the procedure.
- Discuss your current medications with your dentist to avoid any potential complications.
- Plan for adequate time off work for your recovery period.
- Follow a soft diet before your surgery to minimize stress on your teeth and gums.
- Arrange for someone to accompany you on the day of the surgery if possible.
- Stay hydrated and get plenty of rest before the procedure.
- Confirm your appointment and transportation arrangements a day before the surgery.
- Remember that all postoperative instructions will be given by your All-on-6 Dental Implants doctor.



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