

Your Guide to Prepare for All-on-6 Dental Implants Trip to Poland



Documents and Visa Requirements

- Valid passport or travel ID as international travel documents for entering Poland.
- Check the latest visa requirements at the official website of the Ministry of Foreign Affairs of Poland or consult the Polish embassy or consulate in your country.
- Medical referral for All-on-6 Dental Implants, dental records, and any previous dental X-rays.
- Clinics in Poland may provide diagnostics and tests such as CBCT (Cone Beam Computed Tomography) if the patient's medical documents are incomplete.



Accommodation Options

The clinic partners with local hotels to offer discounted rates for patients. Hospital stays are provided as needed for the procedure. For more independence, patients can opt for self-booking options. While the clinic does not generally offer free accommodation, patients receive 2 days of hotel stay included in their medical package. The average price for a hotel stay per night ranges from \$50 to \$150, depending on the location and level of comfort desired.



Transfer Services

- Complimentary airport-hotel-clinic-airport transfers are included in the medical package.
- For additional transport needs, popular taxi services such as iTaxi and MyTaxi operate in major cities, with fares typically starting from around 1.50 PLN/km (\$0.35/km).



Interpreter Services

Interpreter services are available to ensure smooth communication with medical staff. This service may be free or may incur an additional fee, depending on the clinic's policy and the language required.



Payment Methods

- Patient payments can be made using cash or credit/debit cards.
- The local currency is the Polish Złoty (PLN), and it's recommended to have some local cash for minor expenses.
- While some places may accept payment in euros or dollars, it is generally advisable to pay in the local currency for the best exchange rates.



Pre-Op All-on-6 Dental Implants Tips

- Refrain from smoking and consuming alcohol at least one week before the surgery to promote better healing.
- Eat a healthy diet rich in vitamins and minerals to support recovery.
- Have a dental cleaning prior to your trip to ensure optimal oral health before the implant procedure.
- Discuss any medications you are taking with your dentist to prevent any complications.
- Plan for adequate recovery time in Poland post-surgery before returning home.
- Arrange for someone to accompany you if possible, for support during the initial recovery.
- Follow any specific pre-operative instructions provided by your dental clinic.



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Your personal medical assistant will be with you shortly.
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