

Prepare for Your Alopecia Treatment in Turkey



Documents and Visa Requirements

- Valid passport or travel document, with an expiration date at least 60 days beyond the duration of stay.
- For visa requirements, patients should visit the official Republic of Turkey Electronic Visa Application System (<https://www.evisa.gov.tr/en/>) or check with the Turkish consulate in their country.
- Medical documents including health history, photos of the affected area, and any prior alopecia treatments.
- Clinics in Turkey offer diagnostics and tests such as female or male alopecia markers laboratory diagnostics if the patient does not have these documents.



Accommodation Options

Accommodation is not typically included in the treatment package. However, clinics may assist in booking hotel rooms at special partner prices. Average hotel stay per night ranges from \$50 to \$150. Some clinics may arrange hospital stays or recommend partner hotels with discounts. Accompanying persons are often welcome, but conditions and costs should be confirmed with the clinic.



Transfer Services

- VIP transfer services from the airport to the clinic or hotel are usually provided. However, it is important to confirm whether this service is free or requires an additional fee.
- Popular taxi services like BiTaksi and iTaksi operate in major Turkish cities, with approximate prices starting from \$0.50 per km.



Interpreter Services

Interpreter services are available, though it's essential to verify with the clinic if there are any associated costs or if the service is included.



Payment Methods

- Cash and credit card payments are widely accepted.
- The local currency is the Turkish Lira, and it is advisable to have some on hand for smaller expenses, though dollars or euros may be accepted in some establishments.



Before Your Alopecia Treatment

- Consult with your local doctor before traveling to ensure you're fit for the procedure.
- Discuss any medications you're currently taking with the Turkish clinic as some may need to be paused or adjusted.
- Avoid smoking and alcohol at least a week prior to treatment as they can hinder the healing process.
- Plan for a recovery period post-treatment and follow all postoperative instructions provided by your doctor.
- Ensure you have medical insurance that covers international treatment or inquire about options with the clinic.
- Prepare a list of questions or concerns to discuss with your Turkish physician before the procedure.
- Stay hydrated and maintain a balanced diet to support your overall health for a better recovery.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
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