

Your Guide to Prepare for Arthrosis Treatment in Turkey



Documents and Visa Requirements

- Valid passport and travel tickets for entry into Turkey.
- Check Turkey's visa requirements for your country at [e-Visa](#) or the nearest Turkish consulate.
- Medical history, imaging results, and referral letters for Arthrosis treatment.
- Clinics in Turkey offer diagnostics and tests if additional medical documents are needed.



Accommodation Options

Many clinics in Turkey offer hospital stays included in the treatment package. Some have partnerships with local hotels offering discounts, while self-booking is also an option. Accommodation costs vary, with an average hotel stay per night around \$50-100. For accompanying persons, conditions of stay will be subject to the chosen accommodation's policy.



Transfer Services

- Clinics may offer free VIP transfers from the airport; otherwise, paid options are available.
- Popular taxi services like BiTaksi and iTaksi are available in major cities, with trips starting around 10-15 Turkish Lira.



Interpreter Services

Interpreter services are often provided for free by the clinics. However, for independent interpreter services, costs may apply.



Payment Methods

- Payments can be made with cash or card.
- The local currency is the Turkish Lira, and it is recommended to have some for convenience.
- Many places accept dollars or euros, but local currency is preferable for smaller transactions.



Before Your Arthrosis Treatment

- Consult with your local doctor about the planned treatment and any necessary preparations.
- Carry a copy of your medical records and any prescriptions you may need.
- Consider purchasing travel insurance that covers medical treatment abroad.
- Follow any pre-treatment instructions provided by your Turkish clinic, such as fasting or medication adjustments.
- Pack comfortable clothing and personal items for your hospital stay and recovery period.
- Learn basic Turkish phrases or download a translation app for easier communication.
- Make sure to have your doctor's contact information and treatment plan handy.
- Postoperative instructions will be given by your Arthrosis treatment doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.