Prepare for Your Autism Treatment in Turkey



Documents and Visa Requirements

- Valid passport and, if required, a visa to enter Turkey. Ensure your passport has at least six months of validity from the date of entry.
- Check the e-Visa website (https://www.evisa.gov.tr/en/) or the nearest Turkish consulate to understand the specific visa requirements for your country.
- · Medical documents including health records, diagnosis, and any previous treatment details related to Autism.
- · Clinics in Turkey can provide necessary diagnostics and tests if you do not have all the medical documents.



Accommodation Options

Accommodation is available on request, with options ranging from hospital stays to partner hotels that may offer discounts. While some clinics might provide free accommodation, others might charge for it. The average hotel stay per night could range from \$50 to \$150. For accompanying persons, conditions of stay will vary based on the accommodation chosen.



Transfer Services

- Clinics often offer airport transfers, which can either be complimentary or have an additional cost.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with approximate prices starting from \$0.50 per kilometer.



Interpreter Services

Interpreter services are typically available, with costs varying depending on the clinic. Some may offer this service for free as part of the treatment package, while others charge extra fees.



Payment Methods

- · Payments can be made using cash or credit/debit cards.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some on hand for minor expenses.
- · Many places also accept payments in dollars or euros, but it's still advisable to carry some local currency.



Before Your Autism Treatment

- Consult with your current healthcare provider to ensure it's safe to travel for treatment.
- Prepare a list of all current medications and supplements you or your child is taking.
- Discuss with the Turkish clinic about any dietary restrictions or special care that may be needed post-treatment.
- Make sure you have a clear treatment plan outlined by the clinic, including any follow-up appointments.
- Arrange for any necessary vaccinations required for travel to Turkey well in advance.
- Prepare a communication aid with basic Turkish phrases or download a language translation app for ease of communication.
- Ensure you have adequate travel insurance that covers medical treatment abroad.
- Plan for relaxation and recovery time post-treatment in a comfortable setting.



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Prepared by Medical Coordinator Yan Matsiievskiy

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