

Prepare for Your Childbirth Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months beyond your intended stay.
- Flight itinerary for round-trip travel.
- For visa requirements, check the Republic of Turkey Electronic Visa Application System at www.eviza.gov.tr based on your country of origin.
- You'll need medical records related to your pregnancy, including your prenatal care file and any relevant test results.
- If certain medical documents are missing, clinics in Turkey can provide diagnostics and tests upon arrival.



Accommodation Options

Clinics may offer hospital stays for childbirth, and some have partner hotels with special discounted rates. While accommodation is generally not included in the medical procedure cost, expect an average hotel stay to be around \$50-\$150 per night depending on the location and level of comfort.



Transfer Services

- Clinics often offer free airport transfers; confirm while booking your procedure.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with fares starting around 2-3 TL per km (approximately \$0.11-\$0.16).



Interpreter Services

Interpreter services are often available either for free or at an additional cost, depending on the clinic. Confirm with your medical coordinator.



Payment Methods

- Payments can be made using cash or credit/debit cards.
- The local currency is the Turkish Lira (TL), but many places also accept US dollars or euros.
- Having some local currency is recommended for small expenses and convenience.



Pre-Op Childbirth Tips

- Discuss your birth plan and any concerns with your doctor before traveling.
- Plan your stay to include time for preoperative preparations and postoperative recovery.
- Stay hydrated and maintain a balanced diet leading up to your delivery date.
- Pack comfortable clothing and personal items for your hospital stay.
- Learn basic Turkish phrases or have a translation app handy for ease of communication.
- Keep emergency contact numbers and your medical coordinator's contact details accessible.
- Ensure you have international travel insurance that covers childbirth overseas.
- Follow your doctor's instructions on when to cease eating and drinking before the procedure.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.