

Prepare for Your Blepharoplasty (Eyelid correction) Trip to Turkey



Documents and Visa Requirements

- Valid passport or travel document with at least six months of validity beyond your planned date of departure from Turkey.
- For visa requirements, visit the Republic of Turkey Electronic Visa Application System at www.evisa.gov.tr or check with the Turkish consulate in your country.
- Necessary medical documents include a medical history form, previous medical records related to eye health, and any imaging or test results relevant to your procedure.
- Clinics in Turkey offer pre-operative diagnostics like blood tests and eye exams if you lack certain medical documentation.



Accommodation Options

Patients have the option to stay in partner hotels with discounts or book independently. Clinic-provided stays are typically free for the duration of the medical package, with 4* or 5* hotel options available. The average hotel stay per night is approximately \$50-\$150, depending on the hotel's category and location.



Transfer Services

- Clinics often offer free airport transfers to and from the hotel and clinic.
- Popular taxi services like BiTaksi and iTaksi are available, with prices starting from around 1.5 TRY/km (\$0.08/USD).



Interpreter Services

Interpreter services are often included in the medical package, especially for consultations, examinations, and follow-up visits. In cases where it is not included, clinics can arrange services at an additional cost.



Payment Methods

- Clinics accept cash and major credit cards for payment.
- The local currency is the Turkish Lira (TRY), but many places also accept dollars (USD) or euros (EUR) for convenience.
- Having local currency is recommended for small expenses, as some vendors may not accept cards or foreign currency.



Pre-Op Blepharoplasty (Eyelid correction) Tips

- Stop taking blood-thinning medications and supplements as advised by your doctor to reduce the risk of bleeding.
- Avoid smoking and alcohol consumption at least two weeks before surgery to promote better healing.
- Arrange for someone to accompany you on the day of surgery, as you might need assistance post-procedure.
- Get a good night's sleep before the surgery and follow the fasting instructions provided by the clinic.
- Wear comfortable, loose-fitting clothing on the day of the procedure.
- Prepare a recovery area at your accommodation with essentials within easy reach.
- Have ice packs ready for post-operative care to help with swelling.
- Follow all pre- and post-operative care instructions provided by your Blepharoplasty (Eyelid correction) doctor for the best results.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.