# Prepare for Your Bone Marrow Transplantation Trip to Spain



#### **Documents and Visa Requirements**

- Valid passport for the duration of your stay.
- European Health Insurance Card (EHIC) if you are an EU resident.
- A visa may be required depending on your country of origin. Visit the official Spanish visa portal at <a href="www.exteriores.gob.es">www.exteriores.gob.es</a> for specific requirements.
- Medical referral letter for bone marrow transplantation.
- · Complete medical history and records relevant to your treatment.
- · If lacking certain medical documents, Spanish clinics provide diagnostics and tests.



#### **Accommodation Options**

Hospital stay for bone marrow transplantation is typically 10 days, with meals included. Some clinics may offer partner hotels at discounted rates. Self-booking options are widely available online. Accommodation costs vary, with an average hotel stay per night ranging from €50 to €150



### **Transfer Services**

- · Clinics may offer free or paid airport transfers.
- Popular taxi services like Taxi Barcelona and Taxi Madrid provide transfers with approximate fares ranging from €30 to €100 depending on distance



#### Interpreter Services

Interpreter services are often available through the clinics, either complimentary or at an additional cost. Bookimed can assist with arranging these services for your medical visit.



## **Payment Methods**

- · Accepted payment options include cash and cards.
- The local currency is the Euro (€), and it is advisable to have some on hand for smaller expenses.
- Many establishments also accept international currencies like dollars or euros, but local currency is preferred for convenience.



# **Pre-Op Bone Marrow Transplantation Tips**

- Follow any pre-op instructions provided by your doctor, including diet and medication guidelines.
- Arrange for a support person to accompany you if possible.
- Prepare a list of questions and concerns to discuss with the transplant team.
- Ensure you have a comfortable and relaxing environment to return to post-operation.
- Consider learning basic Spanish phrases or have a translation app ready for better communication.
- Stay hydrated and maintain a healthy lifestyle leading up to the procedure.
- Organize all travel documents and medical records in an easily accessible manner.



Connect with a Bookimed coordinator for clinic search and trip planning assistance



# **Bookimed's Accreditation and Expertise Certificates**















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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.