

# Prepare for Your Bone marrow transplantation Trip to Turkey



## Documents and Visa Requirements

- Valid passport and possibly a visa depending on your country of origin. Please visit the Turkish Ministry of Foreign Affairs website for specific visa requirements.
- Medical visa or documentation confirming the medical nature of your travel may be required.
- Essential medical documents include your medical history, diagnosis, treatment plan, and any relevant medical records or imaging.
- Clinics in Turkey can often provide diagnostic services if you lack certain medical documents required for Bone marrow transplantation.



## Accommodation Options

Accommodation is not included in the medical package. However, clinics may partner with hotels to offer discounts. Patients can also choose to book their own accommodation. The average hotel stay per night can range from \$50 to \$150, depending on the location and level of comfort required.



## Transfer Services

- Clinics often provide free airport transfers to and from the clinic/hotel.
- Popular taxi services like BiTaksi and iTaksi are available, with approximate prices starting from \$0.40 per kilometer.



## Interpreter Services

Language assistance is usually provided by the clinics. If additional interpreter service is required, it may be free or have an associated cost depending on the clinic's policy.



## Payment Methods

- Payments can be made using cash or credit/debit cards.
- The local currency is the Turkish Lira (TRY), and it's recommended to have some for minor expenses. Major cities and clinics may accept USD or EUR.



## Pre-Op Bone marrow transplantation Tips

- Follow any fasting instructions given by your doctor prior to the procedure.
- Discuss any medications you're taking with your doctor, as some may need to be paused.
- Prepare a list of questions or concerns to discuss with the transplantation team.
- Ensure you have a companion or support system in place for post-operative care.
- Consider bringing comfort items from home for your hospital stay.
- Stay hydrated and follow a healthy diet leading up to the procedure as advised.
- Plan for adequate rest and recovery time following the transplantation.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.  
Please stay tuned.