

Prepare for Your Botox Injections Trip to Mexico



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of exit from Mexico.
- Tourists from many countries can enter Mexico visa-free for short visits; check the [Instituto Nacional de Migración](#) for specifics based on your country.
- Medical documents including health history and any previous Botox treatments.
- Clinics in Mexico may offer diagnostic tests if certain medical documents are not available.



Accommodation Options

Some clinics offer 4* hotel accommodations, potentially at special partner prices. If accommodation is not included, patients can book independently. Average hotel stay per night can range from \$50 to \$150 USD.



Transfer Services

- Clinics may offer free or paid airport transfers.
- Popular taxi services such as Uber or local taxis are available with approximate prices ranging from \$10 to \$50 USD, depending on the distance.



Interpreter Services

Interpreter services may be available, either free or at an additional cost, to ensure clear communication between the patient and medical staff.



Payment Methods

- Payments can be made using cash or card.
- The local currency is the Mexican Peso (MXN), but US dollars are often accepted. It's a good idea to have some local cash for smaller expenses.



Pre-Op Botox injections Tips

- Discuss with your doctor any medications or supplements you are currently taking, as some may need to be paused before treatment.
- Avoid alcohol and anti-inflammatory/blood-thinning medications for at least a week to reduce the risk of bruising.
- Stay hydrated and maintain a healthy diet leading up to the procedure to promote better healing.
- Inform the medical team of any allergies or previous reactions to Botox or similar treatments.
- Plan to arrive a day before your procedure if possible, to allow for rest and to account for any travel delays.
- Expect to avoid strenuous activities and direct sunlight on the treatment area for a period after the injections as advised by your doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.