

# Prepare for Your Botox injections Trip to Turkey



## Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa requirements vary by country; visit the official Republic of Turkey e-Visa website at [evisa.gov.tr](https://www.evisa.gov.tr) for specific information.
- Medical documents: recent medical records, any previous Botox injection details, and a valid prescription if applicable.
- Clinics in Turkey can provide diagnostic tests if certain medical documents are missing or incomplete.



## Accommodation Options

Most clinics in Turkey do not provide free accommodation. Options include:

- Hospital stays for the required medical observation period.
- Partner hotels with special rates for medical tourists.
- Self-booking through online platforms such as Booking.com or Airbnb.

Average hotel stay per night: \$50 - \$150, depending on the hotel's category and location.



## Transfer Services

- Clinics may offer regular transfer services; inquire directly for availability and costs.
- Popular taxi services: BiTaksi, iTaksi; approximate price: \$0.50-\$0.70 per km.



## Interpreter Services

Interpreter services are typically available. Some clinics may include this service for free, while others may charge an additional fee.



## Payment Methods

- Payment can be made via cash or card. International credit cards are widely accepted.
- The local currency is the Turkish Lira (TRY). It's advisable to have some for smaller expenses.
- Many establishments accept payment in dollars (USD) or euros (EUR), but it's best to pay in TRY for the best exchange rate.



## Pre-Op Botox injections Tips

- Discuss any current medications with your doctor, as some may need to be paused before the procedure.
- Avoid alcohol and tobacco at least a week before Botox treatment, as they can increase bruising and swelling.
- Stay hydrated and maintain a healthy diet to promote better healing.
- Avoid blood-thinning over-the-counter medications and supplements like aspirin, ibuprofen, and vitamin E prior to Botox injections.
- Plan for a rest period post-procedure; avoid strenuous activities for at least 24 hours.
- Inform your doctor about any allergies or previous reactions to Botox or other skin treatments.
- Have a cold compress ready at your accommodation to alleviate any swelling or discomfort.
- All postoperative instructions will be provided by your Botox injections doctor.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator  
[Yan Matsiievskiy](#)

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