

Your Guide to Prepare for Brazilian Butt Lift Trip in Mexico



Documents and Visa Requirements

- Passport valid for at least 6 months beyond your planned departure from Mexico.
- Tourist visa or tourist card, depending on your country of origin. Please check [Mexico's National Immigration Institute](#) for specific requirements.
- Medical records detailing your health status, any allergies, and medications you're taking.
- A letter from your local doctor explaining the reason for your treatment in Mexico.
- Clinics in Mexico can conduct necessary diagnostics and tests if you're missing certain medical documents.



Accommodation Options

While accommodation is not included in the medical procedure packages, patients often stay at recovery houses with services like transportation, nurse care, meals, and therapies. The cost averages around \$170 USD per night. For more budget-conscious options, patients can stay at a hotel during the initial two days pre-surgery, with prices varying depending on hotel quality and location.



Transfer Services

- Clinics offer free airport to clinic to airport transfers.
- Popular taxi services are available for additional transfers with approximate charges of \$20-\$50 USD, depending on distance and city.



Interpreter Services

Interpreter services are available, often for a fee. Your personal medical coordinator can assist with arranging these services.



Payment Methods

- Payment can be made with cash or credit card.
- The local currency is the Mexican Peso (MXN), and it's recommended to have some for minor expenses.
- Many places accept payment in US dollars or Euros, but local currency may be necessary for smaller transactions.



Pre-Op Brazilian Butt Lift Tips

- Consult with your doctor about any medications you should avoid before surgery.
- Maintain a healthy diet and stay hydrated leading up to the procedure.
- Refrain from smoking and alcohol consumption for at least two weeks before surgery.
- Plan for a recovery period of at least 7 days post-surgery in Mexico.
- Arrange for someone to assist you during the initial recovery phase.
- Follow any specific pre-operative instructions provided by your surgery clinic.
- Organize your post-operative care essentials, such as loose clothing and hygiene products.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.