

Prepare for Your **Brazilian** **Butt Lift Trip to Spain**



Documents and Visa Requirements

- Valid passport and/or national ID card for entry into Spain.
- Check visa requirements based on country of origin at the official Spanish visa portal or the nearest Spanish consulate.
- Medical documents: referral from a home doctor, medical history, and any relevant medical imaging.
- Clinics in Spain, like Teknon Medical Centre, may provide diagnostics if certain medical documents are missing.



Accommodation Options

Patients can choose from a variety of accommodation options, including hospital stays, partner hotels offering discounts, or self-booking. Teknon Medical Centre may provide details on partnered accommodations. Hospital stays are typically included in the surgery costs, while hotels are an additional expense. Average hotel stay per night in Spain can range from €80 to €200.



Transfer Services

- Clinics may offer free or paid airport transfers; inquire directly with the clinic for specifics.
- Popular taxi services like Taxi Barcelona and Cabify operate with prices starting from €25 for airport-city transfers.



Interpreter Services

Interpreter services are available for non-Spanish speaking patients, often for a fee. The clinic may provide assistance in booking these services.



Payment Methods

- Payment for medical services can typically be made with cash or credit/debit card.
- The local currency is the Euro (€), and it is advisable to have local currency for smaller expenses and convenience. While major cities may accept dollars or euros, it is recommended to use Euros for transactions.



Pre-Op Brazilian Butt Lift Tips

- Follow a healthy diet and maintain a stable weight prior to surgery.
- Avoid smoking and alcohol consumption for at least two weeks before the procedure.
- Discontinue any blood-thinning medications after consulting with your doctor.
- Arrange for someone to assist you post-surgery during the initial recovery phase.
- Plan for enough recovery time in Spain before returning home, usually 2-3 weeks.
- Pack loose, comfortable clothing that doesn't put pressure on the surgery site.
- Stay hydrated and get plenty of rest before your surgery.

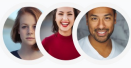



Connect with a Bookimed coordinator for clinic search and trip planning assistance



Bookimed's Accreditation and Expertise Certificates



 **900 000+ clients worldwide**
found **best treatment** with Bookimed

 **Prepared by Medical Coordinator**
[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.