# Prepare for Your Brazilian Butt Lift Trip to Turkey



#### **Documents and Visa Requirements**

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa requirements vary by country. Check eligibility and apply through the official Turkish e-Visa portal: www.evisa.gov.tr/en/.
- · Medical records, including previous surgeries, current medications, and allergies.
- · Clinics in Turkey may provide necessary diagnostics and tests if certain medical documents are unavailable.



#### **Accommodation Options**

Most clinics offer hospital stays for the initial postoperative period. Partner hotels may provide discounted rates for extended recovery. Free accommodation is typically not included but may be offered in special packages. Expect to pay on average \$50 to \$150 per night for a hotel stay.



#### **Transfer Services**

- Clinics often offer free airport transfers; confirm this service when booking.
- Popular taxi services like BiTaksi and iTaksi are available, with fares starting from approximately 3 TL (0.16 USD) per kilometer.



#### **Interpreter Services**

Interpreter services are available, sometimes free of charge, depending on the clinic. Otherwise, fees may apply. Confirm with the clinic beforehand if you require this service.



# **Payment Methods**

- · Cash and credit cards are widely accepted.
- The local currency is the Turkish Lira (TL), but some places may accept dollars or euros.
- Having local currency is recommended for smaller purchases and convenience.



### **Pre-Op Brazilian Butt Lift Tips**

- Consult with your surgeon about medications or supplements you should avoid before surgery.
- Arrange for someone to assist you post-surgery if possible.
- Stop smoking at least 2 weeks prior to surgery to promote better healing.
- Maintain a healthy diet to support recovery.
- Follow your doctor's instructions about eating and drinking before the procedure.
- Prepare comfortable, loose clothing for post-surgery wear.
- Plan for enough recovery time in Turkey before returning home.
- Postoperative instructions will be given by your Brazilian Butt Lift doctor.



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Prepared by Medical Coordinator Yan Matsiievskiy

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