# Prepare for Your Breast augmentation Trip to Turkey



#### **Documents and Visa Requirements**

- · Valid passport with at least six months remaining beyond your planned date of departure from Turkey.
- Visa requirements vary by country; check the official Republic of Turkey Electronic Visa Application System at <a href="https://www.evisa.gov.tr">www.evisa.gov.tr</a> for your specific needs.
- · Medical documents: medical history, any relevant scans, test results, and a referral from your local doctor.
- Turkish clinics may provide diagnostics and tests if certain medical documents are missing, but having them in advance is recommended.



# **Accommodation Options**

Hospitalization is typically included in the breast augmentation package. Afterward, clinics often have partner hotels offering discounted rates, or you can book accommodation yourself. Free accommodation is not standard and varies per clinic. Average hotel stay per night is approximately \$50-\$150, depending on the hotel's quality and location.



#### **Transfer Services**

- Most clinics offer free airport-clinic-airport transfers as part of their medical packages.
- Popular taxi services like BiTaksi and local apps can be used with approximate prices starting from around \$0.5 per km.



#### **Interpreter Services**

Interpreter services are often included in breast augmentation packages for languages like English, Russian, and Arabic. If not included, they may be available for an additional fee.



## **Payment Methods**

- Payment options include cash and card transactions.
- The local currency is Turkish Lira (TRY), but many places also accept Dollars (USD) or Euros (EUR).
- Having local currency is recommended for small expenses and convenience.



## **Pre-Op Breast augmentation Tips**

- Consult with your surgeon about any medications or supplements you should avoid before surgery.
- Stop smoking and drinking alcohol at least 2 weeks before the procedure to promote better healing.
- Plan to have someone available to assist you after the surgery, as you will need rest and shouldn't perform strenuous activities.
- Prepare your post-operative recovery area with essentials within easy reach to avoid unnecessary movement.
- Follow a healthy diet and stay hydrated to improve your recovery process.
- Pack loose, comfortable clothing that doesn't need to be pulled over your head.
- Ensure you understand the post-operative care instructions provided by your surgeon for optimal recovery.



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Prepared by Medical Coordinator Yan Matsiievskiy

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