

Prepare for Your Buccal Fat Extraction Trip to Turkey



Documents and Visa Requirements

- A valid passport is a must for international travel to Turkey.
- Visa requirements vary; visit [Turkey's Electronic Visa Application System](#) to check based on your country of origin.
- Medical documents: referral from a doctor, medical history, and any previous cosmetic procedures.
- Clinics in Turkey can provide necessary diagnostics and tests if certain medical documents are missing.



Accommodation Options

Most clinics offer packages that include stays in 4* or 5* partner hotels, which may be covered in the medical procedure package. For self-booking, average hotel prices range from \$50 to \$150 per night.



Transfer Services

- Many clinics provide free airport-to-clinic transfers; confirm with your package details.
- Popular taxi services like BiTaksi and Uber operate in major cities; costs vary depending on distance, starting from approximately \$10-\$20.



Interpreter Services

Interpreter services are available, often free of charge with medical packages. Otherwise, the cost will depend on the language and duration required.



Payment Methods

- Cash and credit/debit cards are widely accepted.
- The local currency is the Turkish Lira, though some places may accept dollars or euros.
- Having local currency is recommended for small expenses and in areas where international currencies are not accepted.



Pre-Op Buccal Fat Extraction Tips

- Follow a healthy diet and stay hydrated in the days leading up to the surgery.
- Avoid smoking and alcohol consumption for at least two weeks before the procedure.
- Inform your surgeon about any medications or supplements you're taking.
- Get enough rest the night before surgery and arrange for someone to accompany you, if possible.
- Wear loose, comfortable clothing on the day of the surgery.
- Have ice packs ready at your accommodation for post-operative swelling.
- Plan for a recovery period; avoid strenuous activities for the first few days after surgery.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.