

# Your Guide to Prepare for Cataract Treatment in Germany



## Documents and Visa Requirements

- Valid passport or travel document with a minimum of 6 months remaining after your departure from Germany.
- Schengen Visa for non-EU residents, which can be checked at the official visa information portal of the European Union: <https://europa.eu/youreurope/citizens>.
- Medical documents including referral from your local doctor, medical history, and details of previous treatments.
- German clinics may provide additional diagnostics and tests if certain medical documents are unavailable.



## Accommodation Options

Patients can expect a one-day hospital stay in an individual chamber after the cataract procedure. Following this, a 3-day accommodation in a hotel is typical. Clinics may offer partnerships with hotels at discounted rates. However, accommodation is generally not free and may cost on average €100-€150 per night. Accompanying persons may stay with the patient but should check the conditions of stay and any additional costs with the clinic or hotel.



## Transfer Services

- Some clinics may offer complimentary VIP transfer services to and from the airport.
- Popular taxi services such as MyTaxi and Free Now operate in major German cities, with approximate prices starting from €3 plus €2 per kilometer.



## Interpreter Services

Interpreter services are often available for non-German speaking patients, either free or at an additional cost depending on the clinic. It is advisable to confirm the availability and cost of such services in advance.



## Payment Methods

- Payments for medical services can typically be made with cash or card.
- The local currency is the Euro (€), and it is recommended to have local currency for smaller expenses and convenience.
- Major establishments may accept payments in euros or dollars, but it is generally advisable to use the local currency.



## Before Your Cataract Treatment

- Ensure all your medical records and medications are up to date and packed for your trip.
- Discuss with your doctor any current medications you are taking and how they may affect your surgery or recovery.
- Arrange for someone to accompany you, if possible, for support during your medical journey.
- Confirm with your medical insurance provider whether your treatment is covered abroad.
- Plan for adequate recovery time in Germany and at home, following your doctor's advice.
- Pack appropriately for your stay, considering the climate and any personal items you may need during recovery.
- Follow any preoperative instructions given by your cataract surgeon, such as fasting before the surgery.



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**Prepared by Medical Coordinator**

[Yan Matsiievskiy](#)

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