

# Prepare for Your Cataract Treatment in Turkey



## Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Visa requirements for Turkey can vary; check the latest information on the official Republic of Turkey Electronic Visa Application System (<https://www.evisa.gov.tr/en/>) or contact the Turkish consulate.
- Medical reports and history, eye examination results, and any previous treatments related to your cataract condition.
- Clinics in Turkey can provide additional diagnostics and tests if you lack certain medical documents.



## Accommodation Options

Most clinics in Turkey do not offer free accommodation, but they often have partnerships with local hotels offering discounts to patients. Hospital stays are typically included in the treatment package. Average hotel prices per night can range from \$50 to \$150. Accommodation conditions for an accompanying person can be arranged, often at the same discounted rates. Always confirm with your clinic.



## Transfer Services

- Some clinics offer free airport transfers; otherwise, patients may need to arrange their own transport at an additional cost.
- Popular taxi services such as BiTaksi and iTaksi are available in major cities, with prices starting at around 2 TRY per kilometer.



## Interpreter Services

Interpreter services are often available either free through the clinic or at an additional cost. It is important to confirm this service in advance with your medical provider.



## Payment Methods

- Cash and credit/debit cards are widely accepted payment options.
- The local currency is the Turkish Lira (TRY), but many places also accept USD and EUR.
- Having local currency can be convenient for smaller expenses and when dealing with vendors who don't accept foreign currencies.



## Before Your Cataract Treatment

- Confirm your appointment and surgery schedule with the clinic in advance.
- Prepare a list of medications and supplements you're taking to share with your doctor.
- Stop wearing contact lenses at least a few days before the surgery if instructed.
- Arrange for someone to accompany you on the day of surgery as driving is not recommended post-surgery.
- Follow any fasting instructions provided by the clinic before the surgery.
- Bring sunglasses to protect your eyes from bright light after the procedure.
- Pack comfortable clothing and personal items for your hospital stay.
- Have a copy of your medical records and any communication with the clinic on hand.



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**Prepared by Medical Coordinator**

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