# Your Guide to Prepare for Rehabilitation of Cerebral Palsy Treatment Trip in Turkey



### **Documents and Visa Requirements**

- · Passport valid for at least 6 months from the date of entry into Turkey.
- Visa, if required for your nationality. Check requirements and apply at <u>Turkey's Electronic Visa Application System.</u>
- · Medical referral letter detailing the need for Rehabilitation of cerebral palsy treatment.
- · Medical history records and any current medication details.
- Clinics in Turkey may provide diagnostics and tests if certain medical documents are missing.



### **Accommodation Options**

Patients will stay 6 days in a hospital followed by 7 days in a 4\* hotel. While the clinic may partner with hotels to offer discounted rates, patients should confirm if these rates apply to their booking. The average price for a hotel stay per night is approximately \$50 to \$150. Accompanying persons can stay with the patient, and conditions of their stay should be verified with the clinic or hotel.



# **Transfer Services**

- VIP transfer services may be provided by the clinic; confirm if this is included or at an additional cost.
- Popular taxi services like BiTaksi and iTaksi operate in major Turkish cities, with rides typically starting around 10-20 TL (\$0.55-\$1.10).



## **Interpreter Services**

Interpreter services are commonly available in Turkish clinics, but it's essential to confirm the cost and availability beforehand. Some clinics may offer these services for free, while others might charge an additional fee.



# **Payment Methods**

- · Most clinics accept cash and credit card payments.
- It's advisable to have local currency (Turkish Lira) for smaller expenses and convenience.
- Some establishments may accept dollars or euros, but local currency is preferred.



# Before Your Rehabilitation of Cerebral Palsy Treatment

- Consult with your current healthcare providers about the planned treatment.
- Prepare a list of questions and concerns to discuss with your Turkish medical team.
- Ensure you have enough of your current medications for the trip's duration.
- Consider learning basic Turkish phrases, especially related to health and emergencies.
- Check with your insurance provider about international coverage and get travel insurance.
- Adhere to any pre-treatment instructions provided by your clinic, such as fasting before tests.
- Organize your travel documents and keep digital copies accessible.
- Rest and maintain a healthy diet to prepare your body for treatment and recovery.



# Connect with a Bookimed coordinator for clinic search and trip planning assistance



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Prepared by Medical Coordinator Yan Matsiievskiy

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