Your Guide to Prepare for Chemotherapy Trip to Germany



Documents and Visa Requirements

- · Valid passport or travel document with at least three months of validity beyond the period of intended stay.
- Check visa requirements on the official German Federal Foreign Office website or contact the nearest German embassy based on your country of origin.
- · Medical documents required include referral notes, medical history, chemotherapy protocol if already started, and a list of medications.
- German clinics can provide diagnostics and tests if certain medical documents are missing, though it's best to bring all available medical
 records



Accommodation Options

Patients can stay in hospital rooms during treatment or in partner hotels offering discounts. Clinics may offer free accommodation for patients under specific conditions; otherwise, you should expect to self-book. Average hotel stay per night ranges from €50 to €200.



Transfer Services

- Clinics may offer free airport transfers; inquire beforehand to arrange this service if available.
- Popular taxi services like Free Now or MyTaxi operate in major cities, with approximate prices starting at €3 plus €1-2 per km.



Interpreter Services

Interpreters can be arranged through the clinic, and some may offer this service for free. If not provided, professional interpreter services can be booked at an additional cost, depending on the duration and language required.



Payment Methods

- Payments can be made via cash or card. International credit cards are widely accepted.
- The local currency is the Euro (EUR), and having local cash can be useful for small expenses.
- Some places may accept payment in dollars or euros, but it is not guaranteed.



Pre-Op Chemotherapy Tips

- Discuss any medications you're taking with your doctor as they may interfere with chemotherapy.
- Maintain a well-balanced diet and stay hydrated before starting treatment.
- Organize your travel insurance that covers medical treatment abroad.
- Arrange for someone to accompany you if possible, for support and assistance.
- Prepare a comfortable and loose-fitting wardrobe for your trip and hospital stay.
- Bring items that will help you relax, such as books, music, or a laptop.
- Keep contact information of your medical coordinator at hand for any emergencies.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.