

Your Guide to Prepare for Chemotherapy Trip to Spain



Documents and Visa Requirements

- Valid passport or travel document with at least three months validity beyond the intended stay.
- Appropriate visa, if required. Patients can check visa requirements at the official website of the Spanish Ministry of Foreign Affairs or at their nearest Spanish embassy or consulate.
- Medical insurance covering the duration of the stay.
- Referral letter from a local doctor explaining the need for treatment and medical history.
- Clinics in Spain may provide additional diagnostics and tests if the patient lacks specific medical documents.



Accommodation Options

Many Spanish clinics offer arrangements for hospital stays during treatment. Partner hotels may offer discounts to patients – inquire with the clinic for possible collaborations. Self-booking is always an option, with the average price for a hotel stay per night ranging from €50 to €200, depending on the location and standard of the hotel.



Transfer Services

- Some clinics in Spain offer free airport transfers, while others may arrange them for an additional fee.
- Popular taxi services include Tele Taxi and Radio Taxi, with approximate prices starting at €20-€30 for a ride from the airport to the city center.



Interpreter Services

Interpreter services are available in most Spanish clinics. These may be offered for free or at an additional cost, depending on the clinic's policy. It is advisable to confirm this service and its cost with the clinic before arrival.



Payment Methods

- Payment can be made using cash or credit/debit cards.
- The local currency is the Euro (€), and it's recommended to have some local cash for small expenses.
- Payments in dollars or euros are widely accepted, but it is advisable to have euros for ease of transactions.



Pre-Op Chemotherapy Tips

- Discuss all medications and supplements with your doctor before treatment as some may interfere with chemotherapy.
- Arrange for someone to accompany you during your treatment sessions for support.
- Prepare a comfortable and easy-to-carry bag with essentials for your treatment days.
- Stay hydrated and maintain a nutritious diet to help your body cope with the treatment.
- Rest well before your treatment; a good night's sleep can help with managing side effects.
- Consider mild physical activities, such as walking, to maintain your energy levels.
- All postoperative instructions will be provided by your chemotherapy doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
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