# **Prepare for Your**

## **Chemotherapy Trip to**

# **Turkey**



#### **Documents and Visa Requirements**

- Valid passport and/or national ID as per international travel regulations.
- Patients should check visa requirements based on their country of origin at the official website of the Ministry of Foreign Affairs of Turkey
  or through their travel agent.
- Medical documents including but not limited to referral letters, medical history, chemotherapy protocol if available, and any prior imaging or test results.
- Clinics in Turkey can provide diagnostics and tests such as complete blood counts, biochemistry blood tests, PET/CT, and specific cancer
  markers if the patient's documentation is incomplete.



## **Accommodation Options**

Clinics may offer accommodations in an individual chamber as part of the treatment package. Partner hotels may provide discounted rates for patients. Self-booking is also an option. Accommodation is not typically free, with the exception of the individual chamber provided during hospital stays. On average, a hotel stay per night may cost around \$50-\$150, depending on the hotel's standard.



#### **Transfer Services**

- Clinics may offer free airport transfers; otherwise, VIP transfer services are available at a fee.
- Popular taxi services such as BiTaksi and iTaksi operate in major cities, with approximate prices starting from 1.5 TRY/km (\$0.08/km).



#### **Interpreter Services**

Interpreter services are generally available either for free or at an additional cost, depending on the clinic's policies. It is advisable to confirm this with the clinic beforehand.



### **Payment Methods**

- Cash and card payments are accepted.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some local cash for small expenses.
- Payments in dollars or euros may be possible in some clinics, but it's generally advisable to have local currency for ease of transactions.



## **Pre-Op Chemotherapy Tips**

- Discuss all medications and supplements with your doctor before traveling.
- Arrange for adequate rest and recovery time post-treatment.
- Stay hydrated and follow a nutritious diet as recommended by your healthcare provider.
- Inform your medical coordinator of any special needs or concerns.
- Organize all medical records and necessary personal items for your stay.
- Confirm the schedule for your chemotherapy sessions and any associated tests.
- Understand potential side effects and how to manage them.
- Postoperative instructions will be given by your chemotherapy doctor.



## Connect with a Bookimed coordinator for clinic search and trip planning assistance



## **Bookimed's Accreditation and Expertise Certificates**















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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.