Prepare for Your

Composite Veneer Trip to

Turkey



Documents and Visa Requirements

- · Valid passport with at least 6 months remaining before expiration date.
- Return flight ticket as proof of your plans to leave Turkey after your medical treatment.
- For visa requirements, check the Republic of Turkey Electronic Visa Application System at www.evisa.gov.tr or contact the Turkish consulate in your country.
- Medical records and dental history relevant to your Composite Veneer procedure.
- Clinics in Turkey may offer diagnostic tests such as dental x-rays or 3D imaging if you lack certain medical documents.



Accommodation Options

Accommodation is generally not included in dental packages, but clinics may have partnership deals with nearby hotels. Hospital stays are not typically required for Composite Veneer procedures. You may self-book accommodation or use special partner prices through medical travel arrangements. The average hotel stay per night may range from \$50 to \$150, depending on the hotel's quality and location.



Transfer Services

- Free VIP airport-clinic-hotel transfers are commonly offered by clinics.
- Popular taxi services include BiTaksi and iTaksi, with approximate fares starting from 3 TRY (\$0.16) per km.



Interpreter Services

Interpreter services may be available upon request, sometimes free of charge or for a fee, depending on the clinic's policy. Ensure to request this service in advance if needed.



Payment Methods

- · Cash and credit/debit card payments are accepted.
- The local currency is the Turkish Lira (TRY), and it's advisable to have some for minor expenses.
- · Many establishments may accept payment in USD or Euros, but local currency is recommended for convenience.



Pre-Op Composite Veneer Tips

- · Refrain from smoking and alcohol consumption at least a week before the procedure to ensure optimal healing.
- · Discuss any medications or supplements you are taking with your dentist to avoid complications.
- Follow any dietary restrictions provided by your dentist, such as avoiding hard or chewy foods a day before the procedure.
- Ensure to maintain good oral hygiene but avoid aggressive brushing on the day of the procedure.
- Wear comfortable, loose-fitting clothing on the day of your dental appointment.
- Plan to have a companion or utilize clinic-provided transportation post-procedure if sedation was used.
- Prepare a list of questions or concerns to discuss with your dentist during the consultation.
- Remember, postoperative instructions are crucial and will be provided by your Composite Veneer specialist for aftercare.



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Prepared by Medical Coordinator Yan Matsiievskiy

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