Your Guide to Prepare for Corneal Transplant Trip to Germany



Documents and Visa Requirements

- Valid passport and/or national ID card for international travel to Germany.
- Visa requirements for Germany vary by country. Check the official website <u>auswaertiges-amt.de</u> for specific information.
- · Medical referral for a corneal transplant, health records, and previous treatment history.
- · German clinics may provide diagnostics and tests if certain medical documents are missing.



Accommodation Options

Some German clinics may offer accommodation such as a two-bed ward, but this is not always included. Partner hotels might offer discounts, and self-booking is also an option. Hospital stays are typically part of the treatment package, but confirm with the individual clinic. Average hotel stay per night ranges from €50 to €200.



Transfer Services

- Clinics may offer free or paid airport transfers; inquire directly with the clinic for their services.
- Popular taxi services such as Free Now or MyTaxi offer rides at various prices, starting from approximately €3 per kilometer.



Interpreter Services

Interpreter services may be available, often at an additional cost. Some packages may include translation of up to 5 pages of medical documentation into English. Always confirm with the clinic or service provider.



Payment Methods

- · Payments can be made with cash or card. Visa and MasterCard are widely accepted.
- The local currency is the Euro (€), and it is advisable to have some for smaller expenses.
- Some establishments may accept dollars or euros, but it is generally preferable to pay in the local currency for the best exchange rates.



Pre-Op Corneal Transplant Tips

- Follow all pre-operative instructions provided by your doctor, including fasting and medication guidelines.
- Arrange for someone to accompany you to the hospital, if possible.
- Prepare a list of current medications and any allergies to share with the medical team.
- Discuss potential risks and the recovery process with your surgeon.
- Plan for adequate recovery time post-surgery, typically around 3-4 weeks.
- Ensure you have a way to communicate with your medical team, whether through an interpreter or multilingual staff.
- Make sure you understand the follow-up care required after the transplant.
- Remember that all postoperative instructions will be given by your corneal transplant doctor.



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Please stay tuned.