

Your Guide to Prepare for Corneal Transplant Trip in Spain



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of departure from Spain.
- Visa, if required for your country. Check the Spanish Ministry of Foreign Affairs website (exteriores.gob.es) for visa requirements.
- Medical documents: referral for corneal transplantation, previous medical records, and any relevant diagnostic test results.
- Clinics in Spain, such as Quironsalud, can provide diagnostics and tests if certain medical documents are lacking. An online consultation may be necessary to finalize treatment plans.



Accommodation Options

Patients are provided with an individual chamber during their 3-day hospital stay. For the subsequent 5 days or more, accommodation options include partner hotels with special prices or self-booking. The clinics do not offer free accommodation. The average hotel stay per night can range from 60 to 200 euros depending on the location and the hotel's category.



Transfer Services

- Clinics do not include free airport transfers; however, these can be arranged at an additional cost.
- Popular taxi services such as Taxi Madrid or Barcelona Taxi offer rides with approximate prices starting from 30 euros and can vary based on distance and city.



Interpreter Services

Interpreter services are available and can be arranged through the clinic or independently. The cost varies, and these services are typically not free. It's advisable to clarify this with the medical coordinator.



Payment Methods

- Cash and card payments are accepted in clinics. It's recommended to confirm accepted cards with the clinic beforehand.
- The local currency is the Euro (EUR). It's advisable to have local currency for small expenses.
- Major establishments may accept payments in euros or dollars, but it is not guaranteed everywhere.



Pre-Op Corneal Transplant Tips

- Follow all preoperative instructions provided by your ophthalmologist.
- Avoid wearing contact lenses for at least two weeks before the surgery.
- Arrange for someone to accompany you on the day of the surgery if possible.
- Discuss any medications you are taking with your doctor, as you may need to stop certain drugs before the procedure.
- Ensure you have a valid health insurance plan that covers the procedure in Spain.
- Plan for adequate recovery time post-surgery, as advised by your doctor.
- Carry a copy of your medical records and any prescriptions you may need.
- Maintain a healthy diet and avoid smoking to promote better healing.





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 Prepared by Medical Coordinator
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