# Prepare for Your Corneal transplant Trip to Turkey



#### **Documents and Visa Requirements**

- Passport valid for at least six months beyond your intended stay.
- Visa, if required. Check visa requirements and apply on the official Republic of Turkey e-Visa website (https://www.evisa.gov.tr/en/).
- · Medical referral letter, detailing the necessity of a Corneal transplant.
- · Additional medical records, including any previous ophthalmological assessments and treatments.
- Clinics in Turkey may provide diagnostics and tests if certain medical documents are unavailable. Ensure to have a copy of all current
  prescriptions and related medical imaging.



#### **Accommodation Options**

Most clinics offer one night of hospital accommodation included in the procedure package. Partner hotels may offer discounts, and self-booking options are also available. While the clinic-provided accommodation is free, additional hotel stays typically range from \$50 to \$150 per night, depending on the hotel's standard.



#### **Transfer Services**

- · Free airport transfers are often included in medical packages. Confirm with the clinic beforehand.
- Popular taxi services like BiTaksi and iTaksi operate in major cities, with fares starting around 1.50 TRY per kilometer (approximately \$0.08 USD).



#### **Interpreter Services**

Interpreter services are usually available upon request, with costs varying by clinic. Some may offer this service for free, while others may charge an additional fee. It is advisable to arrange these services in advance through your medical coordinator.



#### **Payment Methods**

- · Clinics in Turkey accept both cash and card payments.
- The local currency is the Turkish Lira (TRY), and it is recommended to have some local cash on hand for small expenses.
- Many establishments also accept payment in dollars or euros, but it's advisable to exchange some currency for convenience.

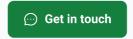


### **Pre-Op Corneal transplant Tips**

- Follow any dietary or medication instructions provided by your surgeon for the days leading up to the surgery.
- Arrange for someone to assist you post-surgery as your vision may be temporarily impaired.
- Avoid wearing makeup, lotions, or perfumes on the day of surgery.
- Ensure you have a comfortable place to rest after the procedure.
- Discuss any concerns or questions with your ophthalmologist before the surgery.
- Plan for adequate time off work to ensure a stress-free recovery.
- Stay hydrated and maintain a healthy diet to promote healing.
- Remember to bring sunglasses to protect your eyes from bright lights after the procedure.



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Prepared by Medical Coordinator Yan Matsiievskiy

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