

Prepare for Your Deep brain stimulation (DBS) surgery Trip to Spain



Documents and Visa Requirements

- Ensure you have a valid passport and travel insurance for your trip to Spain.
- Check visa requirements for Spain by visiting the official website of the Spanish consulate or embassy in your country or via [Schengen Visa Info](#) based on your nationality.
- Carry all necessary medical documents, including medical history, imaging results, and details of any previous treatments.
- If certain medical documents are missing, clinics in Spain can provide diagnostics and tests such as blood tests and electrocardiograms before DBS surgery.



Accommodation Options

Patients will have an individual chamber in the hospital for the duration of their stay. Post-discharge, you can opt for partner hotels with discounts or self-book according to your preference. These options are not included in the hospital's services and typically, a hotel stay per night can range from €50 to €150.



Transfer Services

- Clinics in Spain may not offer free airport transfers. It is advisable to arrange your own transportation.
- Popular taxi services like Taxi Barcelona and Madrid Airport Taxi offer rides with prices starting around €30, depending on the distance.



Interpreter Services

Interpreter services are available in Spain, often at an additional cost. It is recommended to check with the clinic if they can provide an interpreter or if you need to arrange one independently.



Payment Methods

- Cash and credit cards are widely accepted payment options in Spain.
- The local currency is the Euro (€), and it's advisable to have some on hand for smaller expenses and convenience.
- While some places may accept dollars or euros, it's more reliable to use the local currency.



Pre-Op Deep brain stimulation (DBS) surgery Tips

- Follow any fasting instructions provided by your surgical team the night before your surgery.
- Avoid blood-thinning medications or supplements as advised by your doctor.
- Prepare a list of questions or concerns to discuss with your surgeon or medical coordinator.
- Ensure you have someone to accompany you, or make arrangements with the clinic for post-surgery support.
- Wear comfortable clothing and leave valuables at home or in a secure place.
- Plan for adequate recovery time in Spain before traveling back home.
- Stay hydrated and maintain a healthy diet leading up to the surgery.
- All specific postoperative instructions will be given by your DBS surgery doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.