

# Prepare for Your Deep brain stimulation (DBS) surgery Trip to Turkey



## Documents and Visa Requirements

- Valid passport and a copy of your passport's data page.
- Visa, if required. Check the current visa requirements for Turkey at the official Republic of Turkey Electronic Visa Application System (<https://www.evisa.gov.tr/en/>) or consult the nearest Turkish embassy.
- Medical referral letter, imaging and test results, and a list of current medications.
- Clinics in Turkey may provide additional diagnostics and tests if necessary medical documents are lacking.



## Accommodation Options

In Turkey, accommodation options include hospital stays during treatment, partner hotels at discounts, or self-booking. Clinics often provide free accommodation before and after surgery, including up to 3 weeks for recovery and neurostimulator programming. Expect a hotel stay to average around \$50-\$100 per night if not included in the package.



## Transfer Services

- Clinics usually offer free airport transfers.
- Popular taxi services like BiTaksi and iTaksi are available, with prices starting from around ₺3.00 per km (\$0.16 USD).



## Interpreter Services

Interpreter services are often provided for free during the DBS Program in Turkey, ensuring seamless communication throughout your medical journey.



## Payment Methods

- Payment can be made in cash or by card. International credit cards are widely accepted.
- The local currency is the Turkish Lira (TRY), but many places also accept USD or EUR.



## Pre-Op Deep brain stimulation (DBS) surgery Tips

- Follow any pre-operative instructions provided by your medical team, including fasting or medication adjustments.
- Organize all your medical records and ensure you have them readily available.
- Discuss with your surgeon any concerns and clarify the postoperative care and support you will receive.
- Plan for a recovery period and arrange for someone to assist you post-surgery if needed.
- Bring comfortable and loose clothing for post-operative comfort.
- Ensure you have a method of communication; consider a local SIM card or roaming plan.
- Rest adequately before surgery to help with recovery.
- Stay hydrated and follow a healthy diet as advised by your healthcare provider.



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