

Your Guide to Prepare for Dental Crown Installation Trip to Mexico



Documents and Visa Requirements

- Passport valid for at least 6 months beyond your stay and a copy to carry with you.
- Check visa requirements and exemptions for Mexico based on your country of origin at the official Mexican government immigration website or through your local Mexican embassy.
- Medical documents: Dental records, X-rays, and a referral from your local dentist if available.
- Clinics in Mexico usually provide diagnostic services like dental exams and X-rays if you lack certain medical documents.



Accommodation Options

Accommodation is typically not included in dental procedures. However, clinics may assist with booking hotel rooms at special partner prices. Hospital stays are not usually required for Dental Crown Installation. An average hotel stay per night may range from \$50 to \$200, depending on the hotel's quality and location.



Transfer Services

- Clinics often offer free or paid airport transfers. Confirm with the clinic for specific arrangements.
- Popular taxi services include Uber and local taxi companies. Approximate cost from airport to city center may range from \$20 to \$40.



Interpreter Services

Interpreter services are available at most clinics, sometimes for an additional cost. Confirm with the clinic if this service is free or what the fees might be.



Payment Methods

- Payment options include cash and credit/debit cards.
- The local currency is the Mexican Peso (MXN), but US dollars and euros are often accepted in tourist areas.
- It's advisable to have some local currency for small expenses and in areas less frequented by tourists.



Pre-Op Dental Crown Installation Tips

- Ensure you have a recent dental cleaning before your dental crown procedure.
- Avoid foods and drinks that can affect the dental work, such as hard or sticky foods and very hot or cold drinks.
- Maintain good oral hygiene leading up to the procedure to reduce the risk of infection.
- Discuss any allergies or medical conditions with your dentist beforehand.
- Plan for adequate recovery time in Mexico in case additional visits are needed.
- Carry a list of any medications you are taking to share with your dentist.
- Wear comfortable clothing for your appointment and arrange for someone to accompany you if possible.
- Note that postoperative instructions will be provided by your Dental Crown Installation doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
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