Your Guide to Prepare for Dental Implant Trip to

Germany



Documents and Visa Requirements

- · Valid passport or travel document with at least 3 months beyond the intended stay.
- Proof of financial means to cover the stay in Germany.
- Travel insurance with minimum coverage of 30,000 Euros for medical emergencies.
- Visa requirements vary by country. Patients should check the German Missions' website in their home country or visit <u>auswaertiges-amt.de</u> for specific quidelines.
- · Medical documents including dental records, panoramic X-rays, and any dental history relevant to the implant procedure.
- Clinics in Germany may offer diagnostics and tests for patients lacking certain medical documents, often included in the treatment plan.



Accommodation Options

Accommodation is not included in the dental implant package. Patients can choose from a range of options:

- Patients are responsible for booking their own accommodation. However, through Bookimed assistance, booking of hotel rooms at special
 partner prices is available.
- Some clinics may have partnerships with local hotels offering discounts to patients.
- Typically, a hotel stay per night in Germany ranges from 70 to 150 Euros, depending on the hotel's category and location.



Transfer Services

- · Transfer services are not included in the dental implant package and should be arranged separately.
- Popular taxi services such as Free Now and MyTaxi operate in major German cities, with approximate prices starting from 3 Euros per km.



Interpreter Services

Interpreter services are not typically included and may be available at an additional cost. It is recommended to arrange this service in advance if required.



Payment Methods

- Most clinics accept major credit cards and cash payments.
- The local currency in Germany is the Euro (EUR). It is advisable to have local currency for minor expenses and convenience.
- · While some places may accept dollars or euros, it is not common practice, and exchange rates may not be favorable.



Pre-Op Dental Implant Tips

- Ensure you have a detailed treatment plan from your dentist in Germany, including pre-op and post-op care.
- Discuss any medications you are taking with your dental provider as some may need to be paused or adjusted.
- · Avoid smoking and alcohol consumption for at least a week before the procedure to promote better healing.
- Maintain good oral hygiene but follow any specific instructions given by your dental surgeon regarding brushing and flossing.
- Arrange for someone to accompany you on the day of surgery if possible.
- Consider planning a recovery period in Germany after the procedure before returning home.
- Have a list of emergency contacts in Germany, including your dental clinic's number.



Connect with a Bookimed coordinator for clinic search and trip planning assistance



Bookimed's Accreditation and Expertise Certificates















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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.