

Your Guide to Prepare for Dental Implant Trip to Mexico



Documents and Visa Requirements

- Valid passport or travel document recognized by the Mexican government, with at least six months of validity remaining.
- Check visa requirements based on your country of origin on the official website of the Mexican government or through their embassies.
- Bring relevant medical records, dental x-rays, and a list of any medications you're currently taking.
- If lacking certain medical documents, clinics in Mexico typically offer diagnostics and tests such as panoramic x-rays and consultations.



Accommodation Options

Most dental clinics in Mexico do not provide free accommodation. Patients may stay in partner hotels with special rates or book accommodations on their own. The average hotel stay per night can range from \$30 to \$150, depending on the location and quality of the hotel.



Transfer Services

- Some clinics offer free airport-hotel-clinic transfers, while others may require an additional charge.
- Popular taxi services include Uber and local taxi companies, with prices varying depending on distance. Always confirm the fare in advance.



Interpreter Services

Interpreter services are often available to assist with language barriers. While some clinics may offer this service for free, others may charge an additional fee. Inquire beforehand to ensure effective communication during your visit.



Payment Methods

- Clinics typically accept cash and credit/debit card payments.
- The local currency is the Mexican Peso (MXN), but many places also accept US Dollars (USD) and sometimes Euros (EUR).
- It is advisable to carry some local currency for smaller transactions and incidentals.



Pre-Op Dental Implant Tips

- Refrain from smoking for at least a week before the procedure, as it can affect healing.
- Avoid alcohol consumption for 48 hours prior to surgery.
- Eat a healthy meal a few hours before the procedure, as you may be advised not to eat immediately afterwards.
- Prepare a list of questions or concerns to discuss with your dentist during the initial consultation.
- Organize a recovery area in your accommodation with essentials within easy reach, as you'll need to rest after the procedure.
- Follow all personalized pre-operative instructions provided by your dental clinic for optimal results.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.