

Your Guide to Prepare for Dental Implant Trip to Spain



Documents and Visa Requirements

- Valid passport or travel document with at least 3 months beyond your intended stay.
- For visa requirements, check the Spanish consulate or embassy in your country or visit the official website for Spain's visa application process: [Ministry of Foreign Affairs, European Union and Cooperation](#).
- Medical documents: dental records, X-rays, a letter from your local dentist, and any dental treatment plans.
- Most clinics, such as Teknon Medical Centre in Barcelona (<https://www.teknon.es>), offer diagnostic services to complete your medical file if required.



Accommodation Options

Clinics may offer partner hotels with special prices or assist in booking accommodation. The cost is usually not included in the medical fee. Hospital stays are typically in a clinical setting if required post-operation. Average hotel stay per night in Spain is approximately €80-€150.



Transfer Services

- Some clinics may offer free airport transfers; others may require a fee. It is best to confirm with the clinic.
- Popular taxi services include Free Now and local taxis, with prices from the airport to the city center averaging €30-€40.



Interpreter Services

Interpreter services may be available, sometimes at an additional cost. It is important to check with the medical facility in advance. Teknon Medical Centre provides assistance through their staff, such as Ostap Bondarenko.



Payment Methods

- Payment can be made via cash or card.
- Local currency is the Euro (EUR). It is recommended to have local currency for small expenses, although major credit cards are widely accepted.
- Some places may accept payment in dollars or euros, but it is more common to use the local currency.



Pre-Op Dental Implant Tips

- Refrain from smoking and alcohol consumption at least a week before surgery.
- Discuss any medications you are taking with your dental specialist to avoid complications.
- Ensure a good night's sleep before the procedure to aid recovery.
- Maintain good oral hygiene but avoid over-brushing or flossing the area where the implant will be placed.
- Eat a healthy meal prior to your procedure as you might need to stick to soft foods post-operation.
- Arrange for someone to accompany you on the day of surgery if possible.
- Prepare an ice pack and soft foods for after the procedure to manage swelling and nourishment.
- All postoperative instructions will be given by your Dental Implant doctor.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.