

Your Guide to Prepare for Denture Trip to Mexico



Documents and Visa Requirements

- Passport valid for at least six months after the intended travel dates.
- Tourists from many countries can enter Mexico visa-free for short stays. Visit [Instituto Nacional de Migración](#) for visa requirements based on your country.
- Medical records relating to your dental health, including X-rays or dental records.
- Clinics in Mexico can provide diagnostic tests if you lack certain medical documents.



Accommodation Options

While accommodation is not included in the medical package, clinics often have partnerships with local hotels offering discounted rates. Patients can also book accommodation independently. The average hotel stay per night ranges from \$30 to \$150, depending on the location and level of comfort desired.



Transfer Services

- Clinics may offer free or paid airport transfers. Confirm this with your clinic beforehand.
- Popular taxi services include Uber and local taxis; approximate prices range from \$5 to \$20 within the city.



Interpreter Services

Interpreter services are available but not typically free. The cost varies depending on the clinic and the duration of service needed.



Payment Methods

- Clinics accept payments in cash or by card.
- The local currency is the Mexican Peso (MXN), and it's recommended to have some on hand for small expenses.
- Many places also accept US dollars, but it's best to confirm with the clinic.



Pre-Op Denture Tips

- Have a dental check-up to ensure no active infections or dental issues.
- Maintain good oral hygiene leading up to the procedure.
- Discuss any medications you're taking with your dentist before the procedure.
- Plan for someone to accompany you or assist you after the procedure, if possible.
- Follow a soft diet if recommended by your dentist prior to your procedure.
- Arrange for time off work for the procedure and recovery period.
- Inform your dentist of any allergies or medical conditions.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.