

Your Guide to Prepare for Diabetes type 2 Treatment in Turkey



Documents and Visa Requirements

- International travel documents required include a valid passport and, for some nationalities, a visa.
- Visit the Turkish Ministry of Foreign Affairs website or [e-Visa portal](#) to check visa requirements for your country.
- Bring medical records related to your Diabetes type 2 condition, including recent blood sugar readings, HbA1c results, and current medications.
- Clinics in Turkey can provide diagnostics and tests if you are missing certain medical documents.



Accommodation Options

Patients receive 1 pre-op and 2 post-op nights in the hospital followed by a 3-night hotel stay for recovery. Partner hotels may offer discounts, but it's advisable to verify if accommodation is included in your treatment package or requires separate payment. The average hotel stay per night is approximately \$50-\$100. Accommodation for an accompanying person is typically available, often at an additional cost.



Transfer Services

- Clinics may offer complimentary airport transfers; otherwise, they can be arranged at a fee.
- Popular taxi services in Turkey include BiTaksi and iTaksi, with prices varying based on distance, typically starting from around 3 TRY (less than \$1) per kilometer.



Interpreter Services

Interpreter services are available, potentially at an additional cost. Confirm with your clinic if these services are included in your treatment package or if fees apply.



Payment Methods

- You can pay for medical services with cash or credit cards.
- The local currency is the Turkish Lira (TRY), and having local cash can be convenient for smaller expenses.
- Many places also accept payments in USD or EUR, but it's advisable to have some local currency for convenience.



Before Your Diabetes type 2 Treatment

- Consult with your local healthcare provider before traveling to ensure you are fit for the journey and treatment.
- Research and choose a reputable clinic and surgeon, like Dr. Huseyin Sinan, who specializes in metabolic surgeries.
- Understand the procedure you will undergo, whether it's Transit Bipartition, Ileal Interposition, or Gastric Bypass.
- Discuss with your doctor about managing your diabetes medications before and after the surgery.
- Plan for a recovery period and arrange for any necessary support and care upon your return home.
- Ensure you have all necessary postoperative care instructions from your treatment doctor in Turkey.
- Keep emergency contact details of your medical coordinator and the clinic handy.
- Stay hydrated and follow the dietary guidelines provided by your medical team.



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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.