

Prepare for Your Drug Addiction Treatment in Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Visa requirements vary by country. Check the latest requirements and apply for a visa, if necessary, on the official Republic of Turkey Electronic Visa Application System at www.evisa.gov.tr.
- Medical records detailing your drug addiction history and any previous treatments.
- Clinics in Turkey may provide diagnostics such as blood tests, ECG, and ultrasound if you lack certain medical documents.



Accommodation Options

The clinic may offer hospital stays included in the treatment package. Partner hotels may provide discounts, or you may book accommodation on your own. While some options might be included in the treatment package, others may not. Average hotel stays per night can range from \$50 to \$150. Accommodation conditions for an accompanying person are typically available upon request.



Transfer Services

- Many clinics offer free airport-clinic-airport transfers as part of the treatment package.
- Popular taxi services like BiTaksi and iTaksi are available in major Turkish cities, with approximate prices starting from 3 TRY (\$0.16) per kilometer.



Interpreter Services

Translation services during daytime are often included in treatment packages for international patients. If additional interpreter services are required, they may be available at an extra cost.



Payment Methods

- Payment options typically include cash and credit/debit cards.
- The local currency is the Turkish Lira (TRY). It's advisable to have some local cash for minor expenses, though dollars or euros are widely accepted in major cities.



Before Your Drug Addiction Treatment

- Consult with your local physician about your travel and treatment plans.
- Ensure you have a list of all current medications and dosages to share with your treatment provider in Turkey.
- Abstain from drug use for as long as possible before treatment to reduce the risk of complications.
- Maintain a healthy diet and stay hydrated in the days leading up to your departure.
- Arrange for someone to assist you after the treatment if necessary.
- Prepare emotionally for the treatment by engaging in stress-reduction activities such as meditation or light exercise.
- Confirm all travel and accommodation arrangements a few days before departure.
- Pack any comfort items that may help during your stay in the hospital, such as a favorite book or photos of loved ones.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.