

# Prepare for Your **Epilepsy** Treatment in Spain



## Documents and Visa Requirements

- Passport with at least six months of validity from the date of entry into Spain.
- European Health Insurance Card (EHIC) for EU residents, or travel insurance that covers medical care.
- Visa for non-EU residents, where applicable. Check visa requirements at <https://www.schengenvisainfo.com/spain-visa/> based on your country of origin.
- Medical documents including medical history, previous treatment records, and doctor's referral for epilepsy treatment.
- Clinics in Spain may offer diagnostic tests such as MRI or CT scans if the patient lacks certain medical documents.



## Accommodation Options

Patients will be provided with an individual chamber during their hospital stay. Partner hotels may offer discounts, and self-booking options are available. The clinic does not provide free accommodation outside of the hospital stay. Average hotel stay per night is approximately €80-120. Accompanying person's stay conditions vary by hospital and hotel; it's advisable to confirm prior to booking.



## Transfer Services

- Clinics may offer airport transfers, though generally not included in the treatment package.
- Popular taxi services like Taxi Barcelona and Taxi Madrid can be used, costing approximately €30-50 from the airport to the city center.



## Interpreter Services

Interpreter services are available upon request. While some clinics may offer this service for free, others may charge an additional fee. It is essential to confirm the availability and cost with the clinic in advance.



## Payment Methods

- Payments can be made using cash or card.
- The local currency is the Euro (€), and it is recommended to have local cash for small expenses.
- While some places may accept dollars or euros, using local currency is advisable for ease of transactions.



## Before Your Epilepsy Treatment

- Consult with your doctor about any medications you are currently taking and their management during treatment.
- Ensure you have a list of all current medications and dosages to present to the treating physician in Spain.
- Follow any pre-treatment instructions provided by your doctor, such as fasting before tests.
- Organize your travel itinerary and accommodations well in advance to avoid stress.
- Consider the climate and pack appropriate clothing for your stay.
- Inform your bank about your travel to Spain to avoid any issues with card payments.
- Prepare a basic first aid kit, including items for managing epilepsy, as advised by your doctor.
- Learn a few phrases in Spanish or have a translation app ready for basic communication.



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**Prepared by Medical Coordinator**

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