

# Your Guide to Prepare for Epilepsy Treatment in Turkey



## Documents and Visa Requirements

- Passport valid for at least six months beyond your stay with at least one blank visa page.
- Visa requirements vary by country; visit [eVisa](#) or the Turkish consulate website for specific information.
- Medical records detailing epilepsy history, current medications, and recent test results.
- Turkish clinics provide diagnostics like EEG, MRI, and blood tests if existing documents are insufficient.



## Accommodation Options

Accommodation is not included in the treatment package. Patients can stay in partner hotels at special prices or self-book. Hospital stays are part of the surgical treatment package. Average hotel price per night is about \$50-\$150. Accompanying person's stay conditions depend on the hotel's policy.



## Transfer Services

- Regular transfers from the airport to the hotel and clinic are included in the surgical treatment package.
- Popular taxi services like BiTaksi and iTaksi offer rides at approximately \$0.50-\$1 per km.



## Interpreter Services

Interpreter services are available for different languages. Patients should inquire about costs and availability through their medical coordinator or the hospital's international patient department. Some clinics offer it for free as part of the treatment package.



## Payment Methods

- Cash and credit/debit cards are widely accepted.
- The local currency is the Turkish Lira (TRY). It's advisable to have some local cash for minor expenses.
- Payments in USD or EUR are possible in some places, but it's generally better to pay in TRY for the best exchange rate.



## Before Your Epilepsy Treatment

- Consult your doctor to ensure all prescribed medications are packed and have clear instructions for use.
- Research and adhere to any pre-treatment dietary or medication restrictions.
- Prepare a list of questions or concerns to discuss with your Turkish medical team.
- Ensure you have international health insurance or sufficient funds to cover the treatment and any potential additional costs.
- Organize your stay to accommodate the required post-treatment recovery period in Turkey.
- Inform your bank about the upcoming trip to avoid any issues with card payments abroad.
- Check with the clinic if follow-up appointments are needed and schedule them accordingly.
- Plan for adequate rest and minimal stress before and after the procedure to aid in recovery.



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**Prepared by Medical Coordinator**

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