

Your Guide to Prepare for Eyebrow transplantation Trip to Mexico



Documents and Visa Requirements

- Valid passport with at least 6 months remaining before expiration date.
- Travelers from many countries can enter Mexico visa-free for short visits. Visit the Mexican government's immigration website or consult with the nearest Mexican embassy to check visa requirements based on your nationality.
- Medical records related to your eyebrow condition, any previous treatments, and photographs for assessment.
- Clinics in Mexico may offer diagnostic tests if you lack certain medical documents. Check with your chosen clinic for their specific requirements.



Accommodation Options

Accommodation is not included in the treatment package. Clinics may have partnerships with local hotels where discounts are available. Alternatively, patients can book accommodations independently. Average hotel stay per night ranges from \$50 to \$150, depending on the location and level of comfort.



Transfer Services

- Transfer services are not included in the treatment package. Clinics may arrange transfers for an additional fee upon request.
- Common taxi services like Uber operate in major cities, with approximate prices starting from \$5-\$20 for short to moderate distances.



Interpreter Services

Interpreter services may be available at the clinic for an additional cost or free of charge. Confirm with your clinic before your visit to ensure smooth communication.



Payment Methods

- Payment options include cash, credit cards, debit cards, and bank transfers.
- The local currency is the Mexican Peso (M.N.), but US dollars are widely accepted in tourist areas. It is recommended to carry some local currency for smaller purchases and non-tourist areas.



Pre-Op Eyebrow transplantation Tips

- Consult with your doctor about any medications you are taking and follow guidelines regarding their use before surgery.
- Avoid smoking and alcohol consumption for at least a week before the procedure as they can impede healing.
- Do not pluck or wax your eyebrows before the transplantation to preserve the natural growth pattern.
- Stay hydrated and maintain a healthy diet to promote better healing.
- Arrange for someone to accompany you on the day of the procedure, if possible, for support and assistance.
- Discuss any concerns or questions you might have with your surgeon beforehand.
- Plan for adequate recovery time post-procedure and coordinate with your clinic for follow-up appointments.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.