Prepare for Your Facial feminization surgery Trip to Turkey



Documents and Visa Requirements

- · Passport valid for at least six months beyond the date of entry.
- Visa requirements vary by country. Check the latest information at <u>Turkey's Electronic Visa Application System</u> or contact the nearest Turkish embassy.
- Medical records detailing your transition history and any previous surgeries.
- Clinics in Turkey may provide diagnostics and tests if certain medical documents are unavailable.



Accommodation Options

Clinics often provide hospital stays for the initial post-operative period. Partner hotels may offer discounted rates, or you can choose to self-book. While some clinics may offer free accommodation, others charge a fee. Average hotel stay per night is around \$50 to \$150.



Transfer Services

- Free airport transfers are commonly offered by clinics.
- Popular taxi services in major cities include BiTaksi and iTaksi with approximate prices of \$0.50 to \$0.60 per kilometer.



Interpreter Services

Interpreter services are often provided for free by clinics. However, it's advisable to confirm with the clinic beforehand.



Payment Methods

- Most clinics accept cash and credit cards.
- The local currency is Turkish Lira (TRY), but many places also accept dollars or euros.
- It's recommended to have some local currency for smaller expenses and convenience.



Pre-Op Facial feminization surgery Tips

- Follow a healthy diet and avoid smoking for at least two weeks before surgery.
- Discuss all medications and supplements with your surgeon, as some may need to be paused.
- Arrange for someone to assist you during the first few days post-surgery.
- Pack comfortable, loose-fitting clothing that buttons or zips in the front.
- Prepare your recovery area at home or in your hotel room with essentials within easy reach.
- Plan for sufficient time off work for recovery, usually several weeks.
- Prepare mentally for the recovery process and set realistic expectations for results.



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Prepared by Medical Coordinator Yan Matsiievskiy

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