

Your Guide to Prepare for FUE Hair Transplant Trip to Mexico



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of exit from Mexico.
- Check visa requirements based on your country of origin at the official website of the Instituto Nacional de Migración: www.inm.gob.mx.
- Medical documents including health history, any previous hair transplant records, and photographs of your current hair status.
- Clinics in Mexico may provide diagnostics and tests such as blood work to complete your medical file if you lack certain documents.



Accommodation Options

Hospital stays are generally not required for FUE hair transplant procedures. Partner hotels may offer discounted rates for patients, or you can book accommodation independently. While some clinics offer free accommodation, it's important to verify this in advance. Average hotel rates per night range from \$50 to \$150.



Transfer Services

- Some clinics offer free airport transfers, while others may charge a fee. Confirm with your clinic before arrival.
- Popular taxi services like Uber and Cabify operate in major cities, with average prices ranging from \$5 to \$20 depending on the distance.



Interpreter Services

Interpreter services are often available either through the clinic or independently. These may be complimentary or incur an additional charge. It is advisable to arrange this service beforehand to ensure smooth communication with your medical team.



Payment Methods

- Most clinics accept cash and credit card payments. Always confirm accepted payment methods with your clinic beforehand.
- The local currency is the Mexican Peso (MXN), but many places also accept US Dollars (USD). It's advisable to have some local currency on hand for smaller expenses and where credit cards are not accepted.



Pre-Op FUE Hair Transplant Tips

- Avoid taking blood thinners or anti-inflammatory medications for at least a week before the procedure.
- Do not consume alcohol or caffeine 24 hours prior to your transplant.
- Get a good night's sleep before the day of the surgery.
- Wear loose, comfortable clothing and a button-up shirt on the day of the procedure.
- Discuss any medications you are taking with your hair transplant surgeon to ensure they will not affect the procedure.
- Follow any additional pre-op instructions provided by your clinic for the best results.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.