

Prepare for Your FUE Hair Transplant Trip to Spain



Documents and Visa Requirements

- Passport valid for at least six months beyond your planned date of departure from the Schengen area.
- Travel insurance policy covering your stay in Spain.
- Visa requirements for Spain can be checked at the official website of the Spanish consulate or embassy in your country, or through the Schengen Visa Info portal: <https://www.schengenvisainfo.com/spain-visa/>.
- Medical documents: referral from a local doctor, any previous hair transplant evaluations, and a list of current medications.
- If certain medical documents are missing, clinics in Spain provide diagnostic tests and evaluations prior to the FUE hair transplant procedure.



Accommodation Options

Clinics may offer partnerships with local hotels at discounted rates. However, accommodation is typically not provided for free. Hospital stays, if required, will be included in the treatment cost. For self-booking options, patients can expect an average hotel stay per night to range from 60€ to 150€, depending on the location and hotel category.



Transfer Services

- Some clinics offer free airport transfers, while others may charge an additional fee.
- Popular taxi services in major Spanish cities include Taxi Madrid, Barcelona Taxi, and MyTaxi, with approximate prices starting from 30€ for a city transfer.



Interpreter Services

Interpreter services are often available at Spanish clinics, either included in the treatment package or for an additional fee. It is recommended to confirm this service with the clinic ahead of your trip.



Payment Methods

- Credit/debit cards and cash are the most common payment options.
- The local currency is the Euro (€). It is advisable to have local cash for smaller expenses, though major expenses can typically be paid by card.
- Payment in dollars may not be accepted; it is recommended to exchange to euros for convenience.



Pre-Op FUE Hair Transplant Tips

- Refrain from smoking and consuming alcohol at least one week before the procedure.
- Avoid taking blood-thinning medications or supplements such as aspirin, ibuprofen, and vitamin E prior to surgery.
- Do not cut your hair before the transplant, as longer hair can help to cover the treated area post-surgery.
- Stay hydrated and maintain a healthy diet leading up to the procedure.
- Discuss any medications you're currently taking with the hair transplant specialist to ensure they won't affect the surgery.
- Plan for adequate time off work for recovery post-procedure, typically around 7-14 days.
- Arrange for someone to accompany you on the day of the surgery if possible, as the procedure may include sedatives.
- All postoperative instructions will be given by your FUE hair transplant doctor.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

 **Get in touch**

Bookimed's Accreditation and Expertise Certificates



900 000+ clients worldwide

found **best treatment** with Bookimed



Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.
Please stay tuned.