Prepare for Your FUE Hair Transplant Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least six months beyond your stay.
- Visa, if required for your country (visit <u>Turkey's e-Visa portal</u> for requirements and application).
- · Medical records pertinent to the treatment.
- Clinics in Turkey may provide diagnostics and tests if certain medical documents are missing.



Accommodation Options

Patients can expect to stay in partner hotels, typically 4* or 5*, often included in the treatment package. Hospital stays are generally not required for FUE hair transplants. If accommodation is not included, self-booking is an option. Average hotel stay per night ranges from \$50 to \$150.



Transfer Services

- Clinics often offer free VIP airport transfers; confirm with your clinic.
- Popular taxi services like BiTaksi and iTaksi with rides starting around ₺20-₺40.



Interpreter Services

Interpreter services are often included in the medical package. If not, they can be arranged, sometimes for an additional fee.



Payment Methods

- · Options include cash and cards.
- The local currency is Turkish Lira (TRY), and it's advised to have some for small expenses.
- Payments in USD or EUR are possible in some places, but local currency is preferred for convenience.



Pre-Op FUE Hair Transplant Tips

- Avoid blood thinners and certain supplements as advised by your doctor.
- Do not cut your hair before the procedure; the surgeon will do it if necessary.
- Avoid alcohol and smoking at least a week before the surgery.
- Discuss any medications you're taking with your surgeon.
- Stay hydrated and maintain a healthy diet before the procedure.
- Plan to have someone assist you post-surgery if possible.
- Bring comfortable, button-down shirts to avoid disturbing the transplanted area.
- Remember, postoperative instructions will be provided by your FUE hair transplant doctor.



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Prepared by Medical Coordinator Yan Matsiievskiy

Your personal medical assistant will be with you shortly.

Please stay tuned.