Your Guide to Prepare for Gamma Knife Trip to Germany



Documents and Visa Requirements

- · Valid passport, with at least 3 months validity beyond the intended stay.
- · Travel insurance covering medical expenses.
- For visa requirements, patients can check the official German Missions website or the German Federal Foreign Office for specific details based on their country of origin.
- · Medical documents including referral notes, medical history, recent MRI scans, and any relevant medical reports.
- If certain medical documents are missing, German clinics may provide diagnostic services and tests to complete the patient's medical
 profile.



Accommodation Options

The clinics in Germany typically do not provide free accommodation. Patients can choose from partner hotels with discounts, or they may self-book. Hospital stays for the procedure may be available, but post-op recovery will often be in a hotel or other accommodation. The average price for a hotel stay per night ranges from 50 to 150 euros.



Transfer Services

- Clinics may offer paid airport transfer services; inquire directly with the hospital for details and costs.
- Popular taxi services in Germany include MyTaxi and Taxi.eu, with approximate prices starting at 3 euros per kilometer.



Interpreter Services

Interpreter services are often available for patients, with costs varying by clinic. Some may offer this service for free, while others may require payment. It's advisable to confirm the availability and fees for these services beforehand.



Payment Methods

- · Clinics in Germany accept cash and credit cards for payment.
- The local currency is the Euro (EUR), and having local cash is recommended for small expenses.
- · While some places may accept dollars or euros, it's advisable to exchange some money into the local currency for convenience.



Pre-Op Gamma Knife Tips

- Discuss all medications and supplements with your doctor ahead of time, as some may need to be paused.
- Follow pre-operative fasting instructions if given.
- Plan for recovery time and assistance post-procedure, as you may have temporary restrictions.
- Pack comfortable clothing and personal items for your hospital stay and recovery period.
- Have a copy of all your medical documents and a list of emergency contacts on hand.
- Stay hydrated and follow a healthy diet as advised by your medical team.
- Confirm all postoperative care plans and follow-up appointments before the procedure.



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Prepared by Medical Coordinator Yan Matsiievskiy

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