

Prepare for Your Gastric balloon Trip to Turkey



Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Check visa requirements for Turkey based on your country at [e-Visa](#) or contact the Turkish consulate.
- Medical records related to your weight management history.
- Clinics in Turkey will provide diagnostics and tests if you lack certain medical documents.



Accommodation Options

Patients are responsible for their accommodation; however, clinics may offer assistance in booking. Hospital stays are typically included in the procedure package. Partner hotels may offer discounts, and self-booking is also an option. On average, a hotel stay per night may cost around \$50-\$150.



Transfer Services

- Clinics may offer free airport transfers; otherwise, patients can use paid services.
- Popular taxi services like BiTaksi and iTaksi are available, with prices starting from roughly \$0.5 per km.



Interpreter Services

Interpreter services are available, often for a fee. Some clinics may include this service within their package, so it's best to inquire directly with the clinic.



Payment Methods

- Cash and credit/debit card payments are accepted.
- The local currency is the Turkish Lira (TRY), and it's recommended to have some on hand.
- USD and EUR may be accepted in some places, but exchanging some money into TRY is advisable for convenience.



Pre-Op Gastric balloon Tips

- Consult with your primary care physician and a bariatric surgeon prior to travel.
- Understand the risks and benefits of the procedure and discuss them with your surgeon.
- Follow a pre-operative diet if recommended by your nutritionist or surgeon.
- Plan for a recovery period and post-operative care, including dietary changes and physical activity.
- Ensure you have a support system in place for when you return home.
- Bring comfortable clothing and personal items to aid in your hospital stay and recovery.
- Stay hydrated and avoid consuming alcohol and tobacco before the surgery.
- Prepare for a follow-up schedule with your healthcare provider post-surgery.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.