

# Your Guide to Prepare for Gastritis Treatment in Turkey

## Documents and Visa Requirements

- Ensure you have a valid passport with at least 6 months remaining before expiration.
- Check visa requirements on the official Republic of Turkey Electronic Visa Application System (<https://www.evisa.gov.tr/en/>) or consult with the Turkish embassy in your country for specific visa regulations.
- Compile medical documents including your medical history, any previous treatments for gastritis, and a referral from your primary care physician.
- If you don't have certain medical documents, clinics in Turkey can provide diagnostic tests like colonoscopy, consultation with a gastroenterologist, and esophagogastroduodenoscopy (EGD).

## Accommodation Options

Accommodation is not provided by the clinic, so you will need to self-book. Turkey offers a range of hotels from budget to luxury. Expect to pay an average of \$50 to \$150 per night. If you're traveling with a companion, check the hotel's policy on additional guests, as some may charge extra.

## Transfer Services

- Clinics in Turkey may not offer free airport transfers, so it's recommended to arrange your transportation in advance.
- Popular taxi services like BiTaksi and iTaksi can be found in major cities, with prices starting from approximately 2 Turkish Lira (TRY) per kilometer.

## Interpreter Services

Interpreter services may be available at clinics but are not typically included in the treatment package. The cost varies depending on the language and duration of services required.

## Payment Methods

- Payments for medical services can usually be made with cash or credit card.
- The local currency is the Turkish Lira (TRY), and it's recommended to have some on hand for small expenses.
- While some places may accept dollars or euros, it's more comfortable to travel with local currency for everyday transactions.

## Before Your Gastritis Treatment

- Discuss any medications you're taking with your doctor, as some may need to be stopped before the treatment.
- Follow a bland diet a few days prior to the procedure to minimize stomach irritation.
- Stay hydrated but avoid alcohol and caffeine before your treatment.
- Plan for a restful recovery period, including time off work and assistance at home if needed.
- Arrange for someone to accompany you on the day of the procedure, as you may not be able to drive afterwards.
- Confirm all travel and medical arrangements with your personal medical coordinator provided by Bookimed.
- Take note of any pre-procedure fasting or other preparatory instructions from your gastroenterologist.
- Ensure you have a list of emergency contacts in Turkey, including the clinic, your medical coordinator, and your home country's embassy.



Connect with a Bookimed coordinator for clinic search and trip planning assistance

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Prepared by Medical Coordinator

[Yan Matsiievskiy](#)

Your personal medical assistant will be with you shortly.  
Please stay tuned.