

Prepare for Your Hair Transplant Trip to Turkey



Documents and Visa Requirements

- Valid passport or travel document with an expiration date at least 60 days beyond the duration of stay.
- Visa requirements for Turkey vary by country. Check e-Visa availability and requirements at <https://www.evisa.gov.tr/en/>.
- Medical documents: Personal ID, medical history, previous hair transplant records (if any).
- Clinics in Turkey typically provide preoperative blood tests, including Anti-HIV, Anti-HBC, and Anti-HCVAb tests.



Accommodation Options

Many clinics offer 3 nights in a 4-star hotel included in the package, such as Ibis Styles, with amenities like free breakfast. Average hotel stay per night: \$50-\$150.



Transfer Services

- Clinics often provide complimentary VIP airport transfers included in the hair transplant package.
- Popular taxi services like BiTaksi and iTaksi offer rides in major cities, with prices starting around 1.5 TRY/km (\$0.08/km).



Interpreter Services

Most clinics offer translation assistance in multiple languages as part of the package, at no extra cost.



Payment Methods

- Cash and credit cards are widely accepted payment methods.
- The local currency is the Turkish Lira (TRY), and having local cash is recommended.
- Payment in USD or EUR is often possible, especially in medical facilities catering to international patients.



Pre-Op Hair Transplant Tips

- Follow a healthy diet and stay hydrated in the days leading up to the procedure.
- Avoid smoking and alcohol consumption at least one week prior to surgery.
- Do not take any blood-thinning medications such as aspirin for at least a week before the operation.
- Inform your doctor about any medications or supplements you are currently taking.
- Get a good night's sleep before the day of the surgery.
- Wear comfortable clothing on the day of the procedure.
- Arrange for someone to accompany you on the day of surgery if possible.



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Prepared by Medical Coordinator

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Your personal medical assistant will be with you shortly.
Please stay tuned.