

Your Guide to Prepare for Hip Replacement Trip in Spain



Documents and Visa Requirements

- Valid passport and a copy of your passport's data page.
- European Health Insurance Card (EHIC) if applicable, or private health insurance documents.
- Check visa requirements for Spain at the official Spanish consulate website or the Schengen Visa Info portal based on your country of origin.
- Medical referral for hip replacement, medical history, and recent medical imaging (X-rays, MRI).
- Clinics in Spain may offer diagnostic tests such as blood tests, echocardiography, or a 3D CT scan if certain medical documents are missing.



Accommodation Options

Patients are typically provided with an individual chamber during their hospital stay. Partner hotels may offer discounts; however, accommodation is not included for free. Self-booking is an option too. Average hotel stay per night may range from €50 to €150, depending on the location and the quality of the hotel.



Transfer Services

- Clinics typically do not include free airport transfers; arrangements can be made at an additional cost.
- Popular taxi services include Taxi Barcelona and Taxi Madrid with approximate prices starting from €30, depending on the distance.



Interpreter Services

Interpreter services are available, but they may incur additional costs. Some clinics might include interpretation services as part of the treatment package, but this is not guaranteed and should be confirmed beforehand.



Payment Methods

- Payment can be made via cash or card.
- The local currency is the Euro (€), and it's recommended to have local cash for minor expenses.
- Some places may accept payment in dollars or euros, but it is more common to pay with the local currency.



Pre-Op Hip Replacement Tips

- Follow a healthy diet and stay hydrated before surgery.
- Avoid smoking and alcohol as they can affect recovery.
- Discuss medication you're currently taking with your orthopedist.
- Perform pre-operative exercises if recommended by your doctor.
- Arrange for assistance at home post-surgery for a smoother recovery.
- Prepare your home for post-surgery mobility; consider safety bars, a shower chair, etc.
- Plan your travel wardrobe for comfort and ease, including slip-on shoes and loose-fitting clothes.



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Your personal medical assistant will be with you shortly.
Please stay tuned.