

# Prepare for Your Hip replacement Trip to Turkey



## Documents and Visa Requirements

- Passport valid for at least 6 months from the date of entry into Turkey.
- Electronic Visa (e-Visa) obtained via the official Republic of Turkey e-Visa website (<https://www.evisa.gov.tr/en/>) or visa upon arrival, depending on nationality. It's essential to check specific requirements for your country.
- Medical documents including recent medical reports, imaging (X-rays or MRIs), and a referral for a hip replacement from your local doctor.
- Clinics in Turkey may provide additional diagnostics and tests if the patient lacks certain medical documents, ensuring a comprehensive pre-surgical evaluation.



## Accommodation Options

Patients can expect hospital stays included in the procedure cost, with options for partner hotels offering discounts. Some packages may include accommodations at 5-star hotels. Self-booking is also available. Free accommodations are usually provided for the duration of the hospital stay, with hotel stays averaging €50-€150 per night, depending on the hotel's class and location.



## Transfer Services

- Many clinics offer free airport transfers to and from the hospital or hotel.
- Taxi services like BiTaksi and iTaksi are popular in Turkey, with approximate prices ranging from €0.50 to €1 per kilometer.



## Interpreter Services

Interpreter services are often provided for free by the clinic. However, if not included or for personal convenience outside the clinic, services can be arranged for an additional cost.



## Payment Methods

- Payments can be made using cash or card.
- The local currency is Turkish Lira (TRY), and it's advisable to have some cash for small expenses, although many places accept dollars or euros.



## Pre-Op Hip replacement Tips

- Follow any pre-op instructions provided by your doctor, such as fasting or medication adjustments.
- Prepare your home for post-op recovery by removing tripping hazards and setting up a comfortable recovery area.
- Plan for assistance with daily activities for the first few weeks post-surgery.
- Stop smoking and reduce alcohol intake as advised by your healthcare provider.
- Engage in light exercises or physical therapy as recommended to strengthen muscles around the hip.
- Organize all necessary personal documents and medical records for easy access.
- Ensure you have a valid travel insurance policy that covers medical treatment abroad.
- Bring comfortable clothing and personal items that will aid in your hospital stay and recovery.



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**Prepared by Medical Coordinator**

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